## Items to have prior to your Orthognathic Surgery

- 1. Aqua Cool Rapid Recovery System (Bring to the hospital)
- 2. Condiment Bottle (Bring to the hospital)
- 3. Water Pic (Bring to the hospital)
- 4. Mobile Magnetic Board 11"x17" (Bring to the hospital)
- 5. Nasal Decongestant example: Afrin or Neo Synephrine
- 6. Sonic Care or Braun Electric Tooth brush
- 7. Saline Nasal Spray
- 8. Aquaphor
- 9. Q-Tips
- 10. Nasal Suction Bulb