Items to have prior to your Orthognathic Surgery

1. Aqua Cool Rapid Recovery System (Bring to the hospital)
2. Condiment Bottle (Bring to the hospital)
3. Water Pic (Bring to the hospital)
4. Mobile Magnetic Board 11”x17” (Bring to the hospital)
5. Nasal Decongestant example: Afrin or Neo Synephrine
6. Sonic Care or Braun Electric Toothbrush
7. Saline Nasal Spray
8. Aquaphor
9. Q-Tips
10. Nasal Suction Bulb